



BUUF January 2015 Newsletter

Volume 6 Issue 6

BUUF—a diverse and supportive
spiritual community
seeking truth and transformation
through respect and compassion
for each other and our world

*Check out our Website
brockportuuu.org for
Information about our
congregation.*

Soup, Song and Spirit

Theme: The Wonder of Winter!
Date: Friday, January 23, 2015
Time: 5:30PM – 8:00PM
Location: 248 West Ave., Brockport
Soup Dinner provided by Chef John Scanlan
Donations accepted!

January 2015 Meetings

Board of Trustees
Meeting: Fellowship Hall
Time: 7:30PM – 9:00PM
All are Welcome

Just Books

01/13/2015, 6:30PM – 8:00PM
(The 2nd Tuesday of each month.)
Book Selection: “Gather Together in My Name”
By Maya Angelou – 2nd of 5 Autobiographies

We meet at the Lift Bridge Book Shop at 45 Main Street in Brockport. The Book Shop generally offers a 20% discount on book club purchases.

Soul Talk

01/19/2015, 6:30PM – 8:30PM

Topic: UUA 2015 Selection
“Reclaiming Prophetic Witness”

We tried this in November but this book was not available and to be reprinted. It is now back in stores and on-line. There is an on-line guide that will help us in studying this book. It can be found on the UUA Website.

Cora’s place, 637-3840 –Call for more information.
New members are welcome.

January Sunday Services

01/04/2015 1st Sunday

10:00AM Worship Service
Pastor: Rev. Lori Staubitz
Worship Assoc. Carol Taillie
Sermon: Standing at the Threshold of a New Year”

01/11/2015 2nd Sunday

10:00AM Worship Service
Leaders: Elizabeth Osta & Kitty Forbush
Sermon: Once A Catholic

01/18/2015 3rd Sunday

10:00AM Worship Service
Worship Assoc. Carol Taillie
Sermon: Martin Luther King Celebration

01/25/2015 4th Travel Sunday

Location: Quaker Meeting House
84 Scio St., Rochester, one block from Main St. E.
Service: 11:00AM
For more information go to website:
www.rochesterquakers.org

*Information for February 2015
Newsletter must be in by 02/18/2014*



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Local January Services

St. Luke's Episcopal Church

The Harvest Kitchen

Sunday, Jan. 11, 2015, 3:00PM – 5:00PM

The Clothing Shelf at St. Luke's (free)

Every Thursday, 7:00 – 8:30PM (except Xmas Day)

Every Sunday, 3:00-4:30PM

The Food Cupboard at St. Luke's (free)

Open every Thursday 9:00AM – 12:00PM,

And 2:00PM-6:00PM

Each family can use once monthly with proof of residency.

Brockport First Baptist Church

Community Dinner "The Gathering"

Sunday, Jan. 18, 2015, 1:30PM – 3:00PM

Messages from Lori Staubitz

Our UUMA Clergy Advocacy "agenda" for 2015 is one of action as we **show -up to advocate together as people of faith.** There are 3 important dates.

January 26th- Albany Advocacy Day for Women's Health (Planned Parenthood)

Early a.m. (times TBA) we will caravan from First Unitarian Church on Winton Road to Albany and return that evening. This for both Religious Professionals as well as Lay Leaders, Members.

February 1st: The Brockport UU Fellowship/ member

congregation of GUUSTO (Greater UU Societies Together) would like to invite (challenge) all our congregations to dedicate this Sunday to a letter writing campaign to advocate for fair wages/farm worker rights.

May 4th: Advocacy Day in Albany with Interfaith

Impact; Women's Equality will most likely be the issue.

Please be mindful that there are many "sub-related" issues related to this Bill...working wage among the mix. We will plan to meet up once again at First Unitarian Church and head to Albany for the day.

Winter Feast for the Soul: Dedicated Time for Personal Growth and Renewal

"The Winter Feast for the Soul takes place every year from January 15th - February 23rd, and unites people in their commitment to a 40 day practice of stillness. We embrace all spiritual traditions and organizations in a synchronized period of practice where we become part of a shared dream for a consciousness of oneness and peace on our planet.

Why 40 days? The number 40 has great historical significance in the lives of important spiritual teachers. Forty is the number of change. If we truly want to make a difference in the world, then we must begin by inviting change into our own lives. The three line poem by 13th century mystic, Jelaluddin Rumi, that inspired this Feast tells us that 40 days of early morning practice will have a remarkable effect on our lives.

What nine months does for the embryo 40 early mornings

Will do for your growing awareness

We celebrate all forms of practice that bring an individual to a period of stillness in their daily life. The commitment to 40 minutes of practice each day for the 40-day period of the Feast allows people to have a life changing experience of the importance of stillness."

You are invited to join our minister Rev. Lori Staubitz for this time of spiritual deepening. Rev. Lori says "Don't worry if you "miss" or "skip" a time or two...the overall experience can be life changing. I especially recommend David Less's guided meditations. They are not about sitting in silence but reflecting and connecting. After three meditations you won't want to stop!"

Winter Feast for The Soul will coincide with you "Supper, Song and Spirit" Outreach Ministry (4th Fridays in Jan-March). Help make this winter a time of soulful play and community building here in Brockport!

Go to: <http://www.winterfeastforthesoul.com/index2.php>